

YEAR of **YOGA**  
FOR EVERY BODY

# MATTHEW SANFORD

## “STANDING | STILL STANDING”

Thursday, October 17, 2019  
6:00–8:00 p.m.  
403 Hayes Hall, South Campus

“**Standing | Still Standing**” is a documentary that captures the experiences of three people with medical conditions and disabilities learning yoga from **Matthew Sanford**, a paraplegic yoga instructor. Join us for new insights into yoga for every body! Followed by moderated discussion with Matthew Sanford (virtual). Light refreshments will be provided. | Free and open to the public.



[www.buffalo.edu/inclusion/projects/yoga-for-every-body](http://www.buffalo.edu/inclusion/projects/yoga-for-every-body)

To request accommodations for disability, contact Sue Mann Dolce at [samann@buffalo.edu](mailto:samann@buffalo.edu) or 716-645-2608.

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